

It's Saturday morning. I find myself cleaning, doing the laundry, making granola and preparing lunch for our household of at least eight. I turn to a friend and say, "How come it always takes longer to do all these things than it does to think about it?" I just need to practice more "real life" was the answer, as we both laughed at the trail of almost chaos that was spreading around me.

Increasingly in this age of screen viewing and 'virtual realities,' it is so good for us to meet the parameters of real life and all that they quietly teach us. Take the basic reality of gravity: after a morning of cooking in the kitchen, the floor will need to be swept of all the detritus that fell. I am very grateful to my housemate who can step in at the end of the morning, with a broom in hand, to help return our kitchen floor to its almost gleaming condition.



Smiling faces on Friends and Family Day in CVKH

Some people come to Camphill with an idealistic imagination of how it is to be in a life sharing community. Fortunately, some of those idealistic imaginations are relevant, and yet with so many things -- when you really begin to experience them -- there are unimagined aspects that come to meet you. If you allow inner flexibility to see life from another person's perspective, you may mutually recognise something and different options become possible. I have come to accept that for whatever reason, one of my housemates at the moment will not let a small vase of flowers be at the table center.

And cooking: I'm sure our many CSA members are becoming creative in their use of the variety of vegetables that are grown for the CSA shareholders to enjoy. The taste and flavor of these far exceed frozen convenience foods from the store, but of course they need working with creatively to prepare a meal that is in harmony with them. This takes time to develop a real understanding. To develop strength and build our relationship with the

world around us, whether vegetables, gravity, daily tasks -- or with each other -- takes effort. Real relationships need real interactions. Every day I am thankful for the opportunities that living in this life sharing community give me to see the world with perspectives other than my own.

I hope this newsletter will give you a chance to enter our environs through the articles and photos. Enjoy!



#### Save the Date

#### Valentine's Dinner

Friday, Feb. 14th, 2020 6:30 p.m. Camphill Cafe 610-935-3599

Events to be held at: Camphill Village Kimberton Hills 1601 Pughtown Rd. Kimberton, PA 19442

www.camphillkimberton.org

## Friends and Family Day



October 5th was our annual Friends and Family Day celebration. It was a beautiful day of seeing loved ones, making new connections, and visiting with friends and neighbors. We enjoyed great weather complete with a pot-luck style lunch outdoors in the autumn sunshine.

Thank you to all who joined us!







## Giving Tuesday

We invite you to help support us on Giving Tuesday this December 3rd. Please share our Facebook posts and emails that will include a donation link on this national day of giving. If anyone is interested in creating their own fundraising team on social media, please contact 610-935-0300 ext. 12.



# Families Matter The Cliff and Catherine Todd Sankanac CSA Building

In 1975 Ross Church joined Kimberton Hills. His family has helped Kimberton Hills in many ways, including serving on the board and board committees, helping with accounting, attending events, staying in touch... That quality of staying in touch blossomed a few years ago. By happenstance (although we never really fully believe that), Ross's mother Betsy reminisced about her family's past friendship with Cliff Todd. Ross' sister Beth immediately did an internet search and found Cliff! Suddenly Cliff, Betsy, Beth, Ross and Susie were able to reconnect and share about each other's lives.

Betsy, hearing that Cliff had suffered the loss of his beloved sister Catherine, wanted him to see Ross's community. Cliff visited. He was soon moved to send word of a significant matching grant for Kimberton Hills. But wait—there is a backstory! Clifford had grown up in Kentucky, impoverished in a very impoverished area. His sister Catherine was deeply challenged by sensory disabilities, and Cliff took his first job as a teenager to enable her to have a hearing aid. From there, Cliff continued to use his wits and wisdom to find ways to help others, but he felt he "learned how to live" by his connection with the Churches, as one of his jobs was with Ross's veterinarian father, John. Cliff later became invested in real estate and became a philanthropist.

With a deep commitment to those who were challenged, he is intent on helping where he can, and sees Kimberton Hills as a place where his dear sister might have lived. So, as things can sometimes go, a long ago offer of friendship from the Church family sent its rays far into the future. Cliff wanted to honor the memory to Catherine and has a connection to agriculture, ("I've always been a farmer"), so our need for funding a new CSA building caught his fancy. His generous seed gift has made it possible to see that we can fulfill a dream and need. And I imagine Betsy and John are smiling down on Kimberton Hills, as Ross and the rest of us are smiling here!

- Diedra Heitzman



The future Cliff and Catherine Todd Sankanac CSA Building



Friends and neighbors gathered at the Ground Blessing ceremony for the new CSA building on Oct. 5th





Every purchase of our new, reusable Sankanac CSA grocery tote goes directly to the CSA Building Project. Stop by the garden or our Craft Shop and get one today!

### A Time For Giving Thanks

Happy holidays from Camphill Village Kimberton Hills! The 2019 holiday season is here and while we look forward to joyous and happy celebrations with our families, friends and neighbors, we also take time to reflect upon the past year and say "thank you" to the people who have helped us and made a difference in our lives, or who have positively impacted the lives of others we know, with their caring and selfless giving.

Saying "thank you" to you and giving to others is more than the message of the holiday season-these actions are the spirit of the season. We could not maintain and support our programs, workshops and the ongoing needs of our villagers and community at CVKH without your help. Over the past year, we were able to address the urgent repairs and much needed maintenance of our buildings and infrastructure including electrical systems, well water, residential furnishings and bedding. Your kind and caring support represents an investment in the safety and future quality of life for our village.

Your help in the form of volunteer support, financial support, in-kind donations, support for our events and other acts of kindness we see each year, enables CVKH to provide a unique quality of life characterized by dignity, independence, and life-sharing that sets us apart in today's world. We are blessed to have your friendship and support and say "thank you" to all our friends for keeping us in their yearend plans for giving to others.

- Craig Williams, Director of Developement





Thank you to our *What's For Dinner?* sponsors: **Kimberton Whole Foods, Phoenixville Federal Bank, Steve Oehlert** and **Ryan Barger** for helping to support our popular farm-to-table event.



Congratulations to our dairy farmers, Jessica White and Tom Trzcinski, who were recently married here in Kimberton Hills.



PO Box 1045, 1601 Pughtown Rd. Kimberton, PA 19442

Phone: 610-935-0300 Fax: 610-935-8896 www.camphillkimberton.org CRAFT SHOP

Monday-Friday, 9 am to 5 pm

CAMPHILL CAFE Wednesday-Saturday, 10 am to 2 pm

SANKANAC CSA Harvesting May-October NON-PROFIT ORGANIZATION U.S. Postage PAID Pottstown, PA PERMIT #307

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The mission of Camphill Village Kimberton Hills is to create and maintain a land-based community together with adults with special needs. Inspired by Anthroposophy, members of the community support one another to contribute to the wider society through biodynamic agriculture, handcrafts and other ecological, social, cultural and educational endeavors.

#### Kerria House Renovation

Kerria House, which sits beside our Herb Garden, is down over the hill from Kepler and tucked against the tree line. It is a cozy spot, a little private but in the center of the community. When I lived there, I could hear owls calling in the old growth woodland leading to French Creek.

The house, built around 1940, was originally a three bay garage with a small apartment upstairs for the driver for the Myrin family. In 1972 Camphill began occupying the various buildings on the Myrin Estate and Kerria was converted into a village dwelling with additional bedrooms added to the second floor. Later, a laundry room was built off the north side and a therapy wing was developed on the south side which added a room and a bathroom.

After Serena and the CHC were built, the household could occupy the therapy wing with bedrooms bringing the potential bedroom spaces to nine. Some rooms are quite small, while some are larger, as is the case with most of our dwellings.



Recent renovations began this summer at Kerria House

In April 2019, the house was vacated and the community made the decision to renovate it. After several conversations and design considerations we began construction. The roof came off! Now the second floor has full height walls and a small space for a family. The kitchen is brand new and all of the floors got attention. Three bathrooms were renovated. Insulation was improved and air conditioning was added. New windows and a new roof complete the updates.

We are very happy to be able to continue to improve the quality of life for all who live here. This is a great beginning!

- Mark Ohi

Thank you for your continued support of our village! To make a tax-deductible gift, please fill out the enclosed envelope and note the designation of your contribution. You may also make a contribution online at our secure site:

www.camphillkimberton.org/ways-to-give